

January 2026

Oshu City Newsletter



Sunday/Holiday Doctors

Oshu Kanegasaki Holidays Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 8:30AM – 12:00PM, 1:30PM – 4:00PM (at the address listed above.)				
※ Please call in advance				
Jan. 11 th	Dr. Ohtoshi (Ohtoshi GI & Orthopedic Surgery)			
12 th	Dr. Onodera (Shimokobe Gastroenterology Clinic)			
18 th	Dr. Kajikawa (Kajikawa Clinic)			
25 th	Dr. Omi (Omi Ladies' Clinic)			
Oshu Kanegasaki Nighttime Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 6:30PM – 9:00PM, every day year-round				
※ Please call in advance				
Sunday Dentists (9:00AM – 12:00PM)				
Jan. 11 th	Takasaki Dental	47-4182	188-1 Maesawa Aza Takezawa	
18 th	Yui Dental Clinic	25-7422	2-21 Mizusawa Fukuromachi	
25 th	Forest Dental Clinic	34-3536	1-2-16 Mizusawa Hanazono-cho	
Seikotsu* Clinics (9:00AM – 3:00PM) *(therapeutic massage and PT-like treatments)				
Jan. 11 th	Hoshi Osteopathic Clinic	25-3742	6-12 Mizusawa Fukuyoshicho	
18 th	Takahashi Osteopathic Clinic	23-8158	139 Mizusawa Shinjo Kitashiokara	
25 th	Komura Osteopathic Clinic	24-4542	4-9 Mizusawa Aza Sanbongi	
★Children's Emergency Helpline (☎ 019-605-9000 or #8000) 7PM – 8AM the next day, every day year-round.				

Taxes

National Health Insurance (payment #7) is due Monday, February 2nd.

Please consider setting up automatic payments so you can't forget.

☎ Tax Payment Division, Main City Hall (34-2227)

Search ID: 538

January Consultation Rooms

Administrative Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	9 th (Fri) 1:00PM –
	23 rd (Fri) 3:00PM
Esashi Gen. Branch Office, Citizen Living Group	14 th 9:30AM –
	(Wed) 11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	8 th 9:00AM –
	(Thurs) 12:00PM
Isawa Gen. Branch Office, Citizen Living Group	27 th 1:30PM –
	(Tues) 3:00PM
(Next time) Koromogawa Health & Welfare Center	Feb. 12 th (Thurs)

Free Multiple Debts Consultation with a Lawyer ☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	7 th (Wed) 10:00AM-
	20 th (Tues) 3:00PM

Pension Consultation ☎ 0191-23-4246

Appointments required

Place	Time & Date
Main City Hall Auditorium	8 th 10:00AM-
	(Thurs) 3:30PM

Human Rights Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	8 th (Thurs) 1:30PM
	15 th (Thurs) –
Esashi Gen. Branch Office, Citizen Living Group	20 th (Tues) 3:30PM
Maesawa: Next time: Feb. 5 th (Thurs) (Maesawa Comm. Center)	
Isawa: Next time: Feb. 4 th (Wed) (Oyama Comm. Center)	
Koromogawa: Next time: Feb. 12 th (Thurs) (Koromogawa Health & Welfare Center)	

Free Law Consultation ☎ 34-2915

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	14 th (Wed) 10:00AM-
	27 th (Tues) 4:00PM

*Depending on availability, you may asked to consult on an open day the following month.

Consumer Affairs Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Each branch office's Online Consultation Booth	Mon-Fri, 9:00AM to 4:00PM

Financial & Lifestyle Stability Consultation

☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	21 st 1:00PM
	(Wed) –
Esashi Gen. Branch Office, Citizen Living Group	7 th –
	(Wed) 4:00PM

Events

Donto-sai

Burn New Year's decorations and pray for a healthy, safe year. Shinto ceremony (burning) starts at 9:30AM.

When? Early morning Jan. 11th (Sun) to 10:30AM

※ Decorations are not taken after 10:30AM. Plastic bags and similar are not allowed.

Where? Esashi Odori Park

☎ Oshu Chamber of Commerce, Esashi Branch (35-2514)

Oshu Space & Astronomy Museum Events

★ Let's Make Mini Kusudama and Play Science Karuta!

When? January 10th (Sat), 11:00AM – 11:45AM

Cost: 100 yen for materials (admission is charged separately)

★ Stargazing Event

When? January 10th (Sat), 7:00PM – 8:30PM

Details: Storytime: Astronomical Information for 2026 and Stargazing Event

☎ Location, applications, and questions for both: Oshu Space and Astronomy Museum (24-2020)



Training Seminar for Medical Interpreters

Can you help foreign residents to access medical care in their native language? Done in Japanese and target languages (English, Chinese, and Vietnamese).

When? February 28th (Sat) and March 1st (Sun)

Where? Mizusawa Regional Community Center (Aspia)

Target audience: People who have an interest in medical interpretation

Cost: Free! (Textbook fee is separate)

How to apply: Contact the international center by February 20th (Fri)

Contact: City International Center (22-6111)

Kunimidaira Ski Area is Open

Kunimidaira Ski Area is now open for this year's winter season. The 11 courses have lots of variety, and are enjoyable for beginners and experts alike. Please stop by this winter!

Open until: Sunday, March 22nd

Contact: Kunimidaira Ski Area (52-6611), Main City Hall Sightseeing Facility Strategy Office (34-2064)



Notices

Please Follow the Rules of the Road: Drive or Bike Safely

The five rules for safely bicycling are as follows.

- As a rule, stay on the left side on roads. On sidewalks, pedestrians have the right of way.
- Ride safely by stopping at stoplights at intersections.
- Turn your lights on at night.
- Don't ride your bicycle while under the influence of alcohol.
- Wear a helmet.

Contact: Main City Hall Living Environment Dept. (34-2342)

Search ID: 2488

Produced by Oshu City Hometown Outreach Dept., ILC/Multicultural
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