

October 2023 Oshu City Newsletter



Sunday/Holiday Doctors

Oshu Kanegasaki Holidays Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 8:30AM – 4:00PM (at the address listed above.) ※ Please call in advance.				
Oct. 1 st	Dr. Noro (Noro Surgery & Urology Clinic)			
8 th	Dr. Abe (Sakura Clinic)			
9 th	Dr. Ri (Mizusawa Plastic Surgery Clinic)			
15 th	Dr. Shimizu (Shimizu Ladies' Clinic)			
22 nd	Dr. Arisumi (Arisumi Internal Medicine Clinic)			
29 th	Dr. Ishikawa (Ishikawa Hospital)			
Oshu Kanegasaki Nighttime Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 6:30PM – 9:00PM, every day year-round ※ Please call in advance.				
Sunday Dentists (9:00AM – 12:00PM)				
Oct. 1 st	Sasaki Dental Clinic	31-1313	9-14 Esashi-nishi Odori	
8 th	Sakurakawa Dental Clinic	51-9030	211 Mizusawa Sakurakawa Higashi-takayama	
15 th	Hakozaki Dental Clinic	23-4070	10 Mizusawa Shinkoji	
22 nd	Suzuki Dental Clinic	31-1811	2-5-19 Esashi Toyota-cho	
29 th	Takahashi Dental Clinic	56-3333	28-9 Maesawa Tairakoji	
Sekkotsu* Clinics (9:00AM – 3:00PM) *(therapeutic massage and PT-like treatments)				
Oct. 1 st	Komura Osteopathic Clinic	24-4542	4-9 Mizusawa Sanbongi	
8 th	Ito Osteopathic Clinic	22-3851	1-1-8 Mizusawa Minami Ogane	
15 th	Makoto Spiral Osteopathic Clinic	35-0894	7-26 Esashi Minami Odori	
22 nd	Tashiro Osteopathic Clinic	23-5188	3-6-30 Mizusawa Tainichi Dori	
29 th	Oikawa Osteopathic Clinic	23-7187	1-5 Mizusawa Otemachi	
★Children's Emergency Helpline (☎ 019-605-9000) 7PM – 8AM the next day, every day year-round				

Taxes

Resident tax (payment #3) and National Health Insurance (payment #4) are due October 31st (Tues.)

Please consider setting up automatic payments so you can't forget.

☎ Tax Payment Division, Main City Hall (34-2227)

October Consultation Rooms

Consumer Affairs Consultation ☎ 34-2915

Appointments required for Esashi, Maesawa, Isawa, and Koromogawa

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Esashi Gen. Branch Office, Citizen Living Group	Every Monday, 10:00AM to 3:00PM
Maesawa Gen. Branch Office, Citizen Welfare Group	Every Tuesday, 10:00AM to 3:00PM
Isawa Gen. Branch Office, Citizen Living Group	Every Thursday, 10:00AM to 3:00PM
Koromogawa Health & Welfare Center	Every Friday, 10:00AM to 3:00PM

Free Law Consultation ☎ 34-2915

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	11 th (Wed) 10:00AM
	24 th (Tues) - 4:00PM

Human Rights Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	5 th (Thurs)
	19 th (Thurs)
Esashi Gen. Branch Office, Citizen Living Group	17 th (Tues) 1:30PM -
Natsuda Comm. Center	13 th (Fri) 3:30PM
Koromogawa Health & Welfare Center	12 th (Thurs)

Pension Consultation ☎ 0191-23-4246

Appointments required 1 day in advance

Place	Time & Date
Esashi Gen. Branch Office	5 th (Thurs) 10:00AM-3:30PM

Administrative Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	13 th (Fri) 1:00PM-
	27 th (Fri) 3:00PM
Esashi Gen. Branch Office, Citizen Living Group	12 th (Thurs) 9:30AM-11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	12 th (Thurs) 9:00AM-12:00PM
Maesawa Industry Festival (special venue)	21 st (Sat) 10:00AM-3:00PM
Isawa Gen. Branch Office, Citizen Living Group	24 th (Tues) 1:30PM-3:00PM
Koromogawa Health & Welfare Center	12 th (Thurs) 1:30PM-3:30PM

Free Multiple Debts Consultation with a Lawyer ☎ 34-2915

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	4 th (Wed) 10:00AM
	17 th (Tues) -3:00PM

Financial & Lifestyle Stability Consultation

☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	18 th (Wed) 1:00PM -
	4 th (Wed) 4:00PM
Esashi Gen. Branch Office, Citizen Living Group	4 th (Wed)

Events

38th Annual Esashi Industry Festival

When? October 28th and 29th (Sat & Sun), 9:30AM – 3:30PM (until 3PM on the 29th)
Where? JA Esashi Main Shop parking lot
Event details: Sale of local agricultural and other products, mochi toss, performing arts, and more
Contact: Esashi Industry Festival Executive Committee (within Esashi Gen. Branch Office, Local Support Group, 34-1623)

Balance Ball Exercise

When? October 28th, November 4th, December 16th (all Saturdays), 10AM – 11:30AM
Where? Esashi West Gym
Participants: 12 people per session
Cost: 1,000 yen per session
How to apply: By phone, fax, or in person by 5PM the day before the class you wish to take
Contact: Esashi West Gym (TEL: 35-5544, FAX: 35-5567)

Isawa Commerce & Industry Fall Festival and One Circle Fest

When? Commerce & Industry Fall Festival: October 28th (Sat), 10AM – 3PM
One Circle Fest: October 29th (Sun), 10AM – 3PM
Where? Isawa Cultural Creative Center
Event activities: Commerce & Industry Fall Festival: Isawa Market and more
One Circle Fest: craft fair, food trucks, and more
Contact: Oshu Chamber of Commerce, Isawa Branch (46-3131)

Fall 2023 Isawa Dam Fest

Please see the city website for the full details.

When? October 14th & 15th (Sat & Sun), 9:00AM-3:30PM
Where? Around Isawa Dam
Event activities: Dam climbing experience, seeing inside the dam, stand-up paddle/canoe/rafting, things for sale, and more.
Contact: Main City Hall, Policy Planning Dept. (34-2125)

Oshu Space & Astronomy Museum Events

★Science Café, Page 70:

Semiconductors and Black Holes

When? October 15th (Sun), 3PM – 4PM

Lecturer: Fumie Tazaki, Tokyo Electron Technology Solutions Ltd. Senior Specialist

Participants: Limit 20 people

Cost: 300 yen

★Sunday School: We Can See the Z Term's Mysteries! Let's Handmake a Mysterious Model of the Earth

When? October 22nd (Sun), 2:30PM – 3:30PM

Participants: Elementary schoolers and up (children in lower grades must be accompanied by a parent). Limit 20 people, applications required

Cost: 200 yen for materials (admission is charged separately)

Contact: Location, questions, applications for both: Oshu Space and Astronomy Museum (24-2020)

Notices

Online Consultations are Available at Gen. Branch Offices

Online consultation desks will be available at your local Gen. Branch Office, in which you can complete procedures while discussing things or asking questions of a person in charge at Main City Hall. Through a simple operation, you can have a face-to-face discussion with someone from Main City Hall via a computer screen. Please consider using this service.

Start date & times: October 2nd (Mon), 8:30AM – 5:15PM

Where? Any Gen. Branch Office plus City Health Promotion Plaza Yuyukan (in the online consultation desk booth)

Departments & services: ①Tax Payment Dept.: payment discussions, installment payment plans ②Welfare Dept.: lifestyle discussions, public assistance applications ③ etc.

Notes: Please inquire with someone at a general branch office; they will connect you with someone in charge at Main City Hall. Depending on the contents of your consultation, you may need to go to Main City Hall.

 Main City Hall Digital Strategic Planning Dept. (34-2194)

Extra Days/Hours for My Number Cards Applications

Extended hours: October 12th (Thurs) and 26th (Thurs), November 9th (Thurs) and 22nd (Wed), 5:15PM – 8:00PM

Weekend hours (by appointment): October 28th (Sat) and 29th (Sun), November 25th (Sat) and 26th (Sun), 9AM – noon and 1PM – 3PM

Details for both: You'll need your driver's license or some form of personal ID for the procedures. For minors under age 15, the minor themselves and a legal proxy (a parent) need to come to city hall.

 Main City Hall Citizen Services Dept. (34-2223)

Basic First Aid Training

Please see the city website for the full details. Apply 2 days before the class you wish to take.

Where & when?

Oct. 22nd: Koromogawa Substation

Nov. 26th: Mizusawa Fire Dept.

Dec. 17th: Kanegasaki Substation

Jan. 14th: Mizusawa Fire Dept.

Feb. 18th: Isawa Substation

March 17th: Koromogawa Substation

※ All Sundays, 9AM – noon

Details: Learn about AEDs, CPR, the Heimlich maneuver, and how to stop bleeding.

Participants: Anyone middle school aged and up, 15-25 people per session

Cost: Free!

Applications, contact: Oshu Kanegasaki Administrative Association Fire Dept. (24-7211)