

# June 2024

## Oshu City Newsletter



### Sunday/Holiday Doctors

<b>Oshu Kanegasaki Holidays Clinic</b>		<b>Address: 21-1 Taga Mizusawa</b>		<b>TEL: 25-3935</b>
<b>Hours: 8:30AM – 4:00PM (at the address listed above.) ✨ Please call in advance.</b>				
June 2 <sup>nd</sup>	Dr. Ueda (Otomegawa Hospital)			
9 <sup>th</sup>	Dr. Oikawa (Oikawa Orthopedic Surgery Clinic)			
16 <sup>th</sup>	Dr. Ohtoshi (Ohtoshi GI & Orthopedic Surgery)			
23 <sup>rd</sup>	Dr. Idzutsu (Miki Hospital)			
30 <sup>th</sup>	Dr. Omi (Omi Ladies' Clinic)			
<b>Oshu Kanegasaki Nighttime Clinic</b>		<b>Address: 21-1 Taga Mizusawa</b>		<b>TEL: 25-3935</b>
<b>Hours: 6:30PM – 9:00PM, every day year-round ✨ Please call in advance.</b>				
<b>Dentists (9:00AM – 12:00PM)</b>				
June 2 <sup>nd</sup>	Takahashi Dental Clinic	56-3333	28-9 Maesawa Tairakoji	
9 <sup>th</sup>	Sasaki Dental Clinic	31-1313	9-14 Esashi-nishi Odori	
16 <sup>th</sup>	Sakurakawa Dental Clinic	51-9030	211 Mizusawa Sakurakawa Higashi-takayama	
23 <sup>rd</sup>	Hakozaki Dental Clinic	23-4070	10 Mizusawa Shinkoji	
30 <sup>th</sup>	Suzuki Dental Clinic	31-1811	2-5-19 Esashi Toyota-cho	
<b>Sekkotsu* Clinics (9:00AM – 3:00PM) *(therapeutic massage and PT-like treatments)</b>				
June 2 <sup>nd</sup>	Hoshi Osteopathic Clinic	25-3742	6-12 Mizusawa Fukuyoshicho	
9 <sup>th</sup>	Ito Osteopathic Clinic	22-3851	1-1-8 Mizusawa Aza Minami Ogane	
16 <sup>th</sup>	Makoto Spiral Osteopathic Clinic	35-0894	7-26 Esashi Minami Odori	
23 <sup>rd</sup>	Tashiro Osteopathic Clinic	23-5188	3-6-30 Mizusawa Tainichi Dori	
30 <sup>th</sup>	Oikawa Osteopathic Clinic	23-7187	1-5 Mizusawa Otemachi	
★Children's Emergency Helpline (☎ 019-605-9000) 7PM – 8AM the next day, every day year-round				

### Taxes

Prefectural/municipal taxes (ordinary collection) are due on July 1<sup>st</sup> (Mon).

**Please consider setting up automatic payments so you can't forget.**

☎ Tax Payment Division, Main City Hall (34-2227)

Search ID: 538

### Official City Mascot, Oshutaro!



As of May 10<sup>th</sup>, Oshu's official city mascot, Oshutaro, is here!

## June 2024 Consultation Rooms

### Free Multiple Debts Consultation with a Lawyer

☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	5 <sup>th</sup> (Wed) 10:00AM- 18 <sup>th</sup> (Tues) 3:00PM

### Pension Consultation ☎ 0191-23-4246

Appointments required

Place	Time & Date
Esashi Gen. Branch Office	6 <sup>th</sup> 10:00AM- (Thurs) 3:30PM

### Financial & Lifestyle Stability Consultation

☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	19 <sup>th</sup> 1:00PM (Wed) -
Esashi Gen. Branch Office, Citizen Living Group	5 <sup>th</sup> 4:00PM (Wed)

### Human Rights Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	6 <sup>th</sup> (Thurs) 20 <sup>th</sup> (Thurs) 1:30PM
Esashi Gen. Branch Office, Citizen Living Group	3 <sup>rd</sup> (Mon) - 3:30PM
Maesawa Comm. Center	6 <sup>th</sup> (Thurs)
Wakayanagi Comm. Center	12 <sup>th</sup> (Wed)

### Free Law Consultation ☎ 34-2915

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	12 <sup>th</sup> (Wed) 10:00AM 25 <sup>th</sup> (Tues) - 4:00PM

### Administrative Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	14 <sup>th</sup> (Fri) 1:00PM-3:00PM 28 <sup>th</sup> (Fri)
Esashi Gen. Branch Office, Citizen Living Group	12 <sup>th</sup> (Wed) 9:30AM-11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	13 <sup>th</sup> (Thurs) 9:00AM-12:00PM
Isawa Gen. Branch Office, Citizen Living Group	25 <sup>th</sup> (Tues) 1:30PM-3:00PM

### Consumer Affairs Consultation ☎ 34-2915

Appointments required for Esashi, Maesawa, Isawa, and Koromogawa

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Esashi Gen. Branch Office, Citizen Living Group	Every Monday, 10:00AM to 3:00PM
Maesawa Gen. Branch Office, Citizen Welfare Group	Every Tuesday, 10:00AM to 3:00PM
Isawa Gen. Branch Office, Citizen Living Group	Every Thursday, 10:00AM to 3:00PM
Koromogawa Health & Welfare Center	Every Friday, 10:00AM to 3:00PM

## Events

### Oshu Space & Astronomy Museum Events

#### ★ June Stargazing Event

① Storytime: About Meridian Instruments: Know the Time from the Stars in the Night Sky

② Stargazing: Finding the Constellations, Boötes and Corona Borealis Edition

**When?** June 8<sup>th</sup> (Sat), 7:00PM – 8:30PM

**Cost:** Free! (No admission fee)

★ Science Café page. 73: The History of Clocks and the Latest Wristwatch Technology

**When?** June 16<sup>th</sup> (Sun), 3:00PM – 4:00PM

**Participants:** 20 people (applications required)

**Cost:** 300 yen (for tea and snacks) (no admission fee)

**Lecturer:** Masayuki Takahashi (Citizen Watch Ltd.)

★ Sunday School: What Time Is It? Let's Learn about the Country of Time!

**When?** June 23<sup>rd</sup> (Sun), 2:30PM – 3:30PM

**Participants:** Elementary schoolers and up. Limit 20 people, applications required

**Cost:** 300 yen for materials (admission is charged separately)

**Location, questions, applications for all:** Oshu Space and Astronomy Museum (24-2020)

### Balance Ball Exercise at Esashi West Gym

**When?** June 15<sup>th</sup> (Sat), 10AM – 11:30AM

**Participants:** 12 people, first come first serve

**Cost:** 1000 yen

**Applications:** Apply in person or by phone by 5PM on June 14<sup>th</sup> (Fri.)

**Location, contact:** Esashi West Gym (35-5544)



## Notices

### My Number Card Applications and Issuance

**Remote application desks:** Eligible local organizations and businesses will operate remote application desks as needed. After applying, the card will be sent to your residence: you can get a card without coming to city hall. Please inquire if you're interested in remote applications.

#### Extended hours and weekend hours:

**Dates and times for extended hours:** June 13<sup>th</sup> and July 11<sup>th</sup> (both Thursdays), 5:15PM – 8:00PM

**Dates and times for weekend hours (appointments required):** June 29<sup>th</sup> & 30<sup>th</sup> (Sat/Sun) and July 27<sup>th</sup> & 28<sup>th</sup> (Sat/Sun), 9AM – noon

**Location:** Main City Hall Citizen Services Dept.

**What to bring:** Your driver's license or some form of personal ID

**Other information:** The applicant themselves should come to city hall for the procedures. For minors under age 15, the minor themselves and a parent need to come to city hall.

#### Info for both:

**Phone:** Main City Hall Citizen Services Dept. (34-2223)

**Search ID:** 13120

### Yearly Health Checks are Starting: Don't Forget

Eligible people will be sent health check notification documents in late May. Please check the enclosed Oshu Health Check Notification about details and out-of-pocket costs.

In a typical year, only half the people who apply for a cancer screening actually go get screened. Even if you don't have any symptoms, it's important to get screened regularly, to detect any hidden illnesses or abnormalities early, so as to get connected to treatment. If there is a screening that you forgot to apply for, you can apply from now on. For details, please contact the office below.

**Phone:** Main City Hall Health Promotion Dept. (34-2903) or your local branch office health dept.

**Search ID:** 13099