

# December 2024 Oshu City Newsletter



## Sunday/Holiday Doctors

<b>Oshu Kanegasaki Holidays Clinic</b>		<b>Address: 21-1 Taga Mizusawa</b>		<b>TEL: 25-3935</b>
<b>Hours: 8:30AM – 4:00PM (at the address listed above.) ✂ Please call in advance.</b>				
Dec. 1 <sup>st</sup>	Dr. Ishikawa (Ishikawa Cardiovascular Clinic)			
8 <sup>th</sup>	Dr. Idzutsu (Miki Hospital)			
15 <sup>th</sup>	Dr. Ito (Ito Family Clinic)			
22 <sup>nd</sup>	Dr. Iwasaki (Sakurai Clinic)			
29 <sup>th</sup>	Dr. Ueda (Otomegawa Hospital)			
31 <sup>st</sup>	Dr. Oikawa (Oikawa Orthopedic Surgery Clinic)			
<b>Oshu Kanegasaki Nighttime Clinic</b>		<b>Address: 21-1 Taga Mizusawa</b>		<b>TEL: 25-3935</b>
<b>Hours: 6:30PM – 9:00PM, every day year-round ✂ Please call in advance.</b>				
<b>Sunday Dentists (9:00AM – 12:00PM)</b>				
Dec. 1 <sup>st</sup>	Hozawa Dental	25-3272	2-5 Mizusawa Sakurakawa Aza Haguroda	
8 <sup>th</sup>	Sakuraba Dental Clinic	47-2033	117-1 Isawa Oyama Aza Toge	
15 <sup>th</sup>	Kamio Dental Clinic	28-1182	2-5-1 Mizusawa Kamianetai	
22 <sup>nd</sup>	Nakajima Dental Clinic	51-7797	25 Mizusawa Aza Ko-ami	
29 <sup>th</sup>	Nakatacho Dental Clinic	23-3415	3-29 Mizusawa Nakata-cho	
<b>Seikotsu* Clinics (9:00AM – 3:00PM) *(therapeutic massage and PT-like treatments)</b>				
Dec. 1 <sup>st</sup>	Makoto Spiral Osteopathic Clinic	35-0894	7-26 Esashi Minami Odori	
8 <sup>th</sup>	Tashiro Osteopathic Clinic	23-5188	3-6-30 Mizusawa Tainichi Dori	
15 <sup>th</sup>	Oikawa Osteopathic Clinic	23-7187	1-5 Mizusawa Otemachi	
22 <sup>nd</sup>	Takahashi Osteopathic Clinic	23-8158	139 Mizusawa Shinjo Aza Kitashiokara	
29 <sup>th</sup>	Omachi Osteopathic Clinic	47-4110	75-2 Mizusawa Aza Omachi	
<b>★Children’s Emergency Helpline (☎ 019-605-9000)</b> <b>7PM – 8AM the next day, every day year-round</b>				

### Taxes

Resident tax (payment #4) and National Health Insurance (payment #6) are due Monday, January 6<sup>th</sup>, 2025.

**Please consider setting up automatic payments so you can’t forget.**

☎ Tax Payment Division, Main City Hall (34-2227)

Search ID: 538

## December Consultation Rooms

### **Consumer Affairs Consultation ☎ 34-2915**

Appointments required for Esashi, Maesawa, Isawa, and Koromogawa

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Esashi Gen. Branch Office, Citizen Living Group	Every Monday, 10:00AM to 3:00PM
Maesawa Gen. Branch Office, Citizen Welfare Group	Every Tuesday, 10:00AM to 3:00PM
Isawa Gen. Branch Office, Citizen Living Group	Every Thursday, 10:00AM to 3:00PM
Koromogawa Health & Welfare Center	Every Friday, 10:00AM to 3:00PM

### **Administrative Consultation ☎ 34-2915**

Place	Time & Date
Main City Hall, Gen. Consultation Room	13 <sup>th</sup> (Fri) 1:00PM-
	27 <sup>th</sup> (Fri) 3:00PM
Esashi Gen. Branch Office, Citizen Living Group	11 <sup>th</sup> (Wed) 9:30AM-11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	12 <sup>th</sup> (Thurs) 9:00AM-12:00PM
Isawa Gen. Branch Office, Citizen Living Group	24 <sup>th</sup> (Tues) 1:30PM-3:00PM
Koromogawa Health & Welfare Center	5 <sup>th</sup> (Thurs) 1:30PM-3:30PM

### **Free Law Consultation ☎ 34-2915**

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	11 <sup>th</sup> (Wed) 10:00AM-
	24 <sup>th</sup> (Tues) 4:00PM

### **Free Multiple Debts Consultation with a Lawyer ☎ 34-2915**

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	4 <sup>th</sup> (Wed) 10:00AM
	17 <sup>th</sup> (Tues) -3:00PM

### **Financial & Lifestyle Stability Consultation**

☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	18 <sup>th</sup> (Wed) 1:00PM -
	4 <sup>th</sup> (Wed) 4:00PM
Esashi Gen. Branch Office, Citizen Living Group	4 <sup>th</sup> (Wed) 4:00PM

### **Pension Consultation ☎ 0191-23-4246**

Appointments required 1 day in advance

Place	Time & Date
Esashi Gen. Branch Office, Consultation Room 313	5 <sup>th</sup> (Thurs) 10:00AM-3:30PM

### **Human Rights Consultation ☎ 34-2915**

Place	Time & Date
Main City Hall, Gen. Consultation Room	5 <sup>th</sup> (Thurs)
	19 <sup>th</sup> (Thurs)
Esashi Gen. Branch Office, Citizen Living Group	4 <sup>th</sup> (Wed) 1:30PM
Shirayama Comm. Center	5 <sup>th</sup> (Thurs) -
Isawa Atago Comm. Center	4 <sup>th</sup> (Wed) 3:30PM
Koromogawa Health & Welfare Center	5 <sup>th</sup> (Thurs)

## Notices

### Lifestyle Consultations for Foreigners

You can talk with an expert consultant about a wide range of topics, such as status of residence, work, nursing care, parenting, Japanese language, and similar.

**When?** January 19<sup>th</sup> (Sun), 1PM – 5PM

**Where?** Mizusawa Regional Community Center (Aspia)

**Cost:** Free! (Applications required)

**Other info:** Interpretation available in English, Chinese, Tagalog, and Vietnamese.

**☎ Applications & contact:** City International Center (within Aspia), 22-6111

### Extra Days/Hours for My Number Card Applications

The office is open on extra hours and days off, to allow people to apply for, and get, a My Number card. Appointments are required for weekend hours.

**Extended hours:** December 12<sup>th</sup> (Thurs) and Jan. 9<sup>th</sup> (Thurs), from 5:15PM – 8:00PM

**Weekend hours (by appointment):** Dec. 28<sup>th</sup> (Sat) and Jan. 25<sup>th</sup>/26<sup>th</sup> (Sat/Sun), 9:00AM – noon

**Details:** Bring your driver's license or some form of personal ID. The applicant themselves should come to city hall for the procedures. For minors under age 15, the minor needs to come to city hall accompanied by a parent.

**☎ Contact:** Main City Hall Citizen Services Dept. (34-2223)

**Search ID:** 299

## Events

### Oshu Space & Astronomy Museum Events

#### ★ Science Café Page 75: The Frontline of Iwate's Starry Sky Environment, 2024

**When?** December 15<sup>th</sup> (Sun), 2:30PM – 4:00PM

**Lecturer:** Director of Ichinohe Tourism Observatory, Iho Yoshida

**Cost:** 300 yen

**Participants:** Limit of 20 people

#### ★ December Stargazing Event: Twinkling Christmas Concert

① Twinkling Christmas Concert

② Stargazing

**When?** December 21<sup>st</sup> (Sat), 6:30PM – 8:30PM

**Cost:** Free!

#### ★ Sunday School: Water is Weird! Let's Make Slime!

**When?** December 22<sup>nd</sup> (Sun), 2:30PM – 3:30PM

**Participants:** Elementary schoolers and up. Limit 20 people, applications required.

**Cost:** 100 yen for materials (admission is charged separately)

**☎ Applications and questions for all:** Oshu Space and Astronomy Museum (24-2020)



## Special New Year's Notices

### New Year's Garbage, Recycling, and Sewage Schedule

☎ Main City Hall Living Environment Dept. (34-2341)

Search ID: 10930

<p><b>Garbage</b> Garbage collection will pause for the New Year's holiday.</p> <p><b>Mizusawa area:</b></p> <ul style="list-style-type: none"> <li>- No garbage collection from Dec. 31<sup>st</sup> (Tues) to Jan. 2<sup>nd</sup> (Thurs), 2025</li> </ul> <p>※ Normal collection resumes Jan. 3<sup>rd</sup> (Fri), 2025</p> <p><b>Esashi, Maesawa, Isawa, Koromogawa area:</b></p> <ul style="list-style-type: none"> <li>- See collection calendar</li> </ul>	<p><b>Night soil (sewage)</b> Night soil collection can get busy around New Year's holidays, so please make appointments with some leeway in mind.</p> <p><b>Mizusawa, Isawa area</b></p> <ul style="list-style-type: none"> <li>- No sewage collection from Dec. 30<sup>th</sup> (Mon) to Jan. 3<sup>rd</sup> (Fri), 2025</li> </ul> <p><b>Esashi, Maesawa, Koromogawa area</b></p> <ul style="list-style-type: none"> <li>- No sewage collection from Dec. 31<sup>st</sup> (Tues) to Jan. 3<sup>rd</sup> (Fri), 2025</li> </ul>
<p><b>Recycling</b></p> <p><b>Mizusawa area:</b></p> <ul style="list-style-type: none"> <li>- No Sunday recycling on Dec. 29<sup>th</sup> (Sun)</li> <li>- No weekday recycling Jan. 1<sup>st</sup> (Wed/holiday) to Jan. 3<sup>rd</sup> (Fri), 2025</li> </ul> <p>※ Normal recycling resumes Jan. 5<sup>th</sup> (Sun), 2025</p> <p><b>Esashi, Maesawa, Isawa, Koromogawa area:</b></p> <ul style="list-style-type: none"> <li>- See collection calendar</li> </ul>	<p><b>About Direct Collection at Tanko Regional Sanitation Center:</b> Garbage will be taken until Dec. 30<sup>th</sup> (Mon), and will resume on Jan. 6<sup>th</sup> (Mon), 2025</p> <p>Hours: 8:45AM – 4:45PM</p> <p>Is there a fee? Yes</p> <p>TEL: 24-5821</p>

### New Year's Holiday Bus Schedule

☎ Main City Hall Policy Planning Dept. Public Transportation Policy Office (34-2383)

Search ID: 10999

	Mizusawa Community Bus (Z Bus)	City Bus (Esashi)	Maesawa Bus (Heart Bus)	Koromogawa Community Bus	Mizusawa-Kanegasaki Line
	☎ Iwate-ken Kotsu, Tanko Branch, 35-2185	☎ Iwate-ken Kotsu, Tanko Branch, 35-2185	☎ City Social Welfare Association, Maesawa Branch, 56-2148	☎ Koromogawa Taxi, 52-3011	☎ Noguchi, 31-2342
Friday, Dec. 27 <sup>th</sup>	Regular schedule	Regular schedule	Regular schedule	Regular schedule	Regular schedule
Saturday, Dec. 28		No bus service	No bus service	No bus service	No bus service
Sunday, Dec. 29 <sup>th</sup>					
Monday, Dec. 30 <sup>th</sup>					
Tuesday, Dec. 31 <sup>st</sup>					
Wednesday, Jan. 1 (holiday)					
Thursday, Jan. 2	Regular schedule	No bus service	No bus service	No bus service	No bus service
Friday, Jan. 3					
Saturday, Jan. 4					
Sunday, Jan. 5	Regular schedule	No bus service	No bus service	No bus service	No bus service
Monday, Jan. 6 <sup>th</sup>					
※ Regular schedule: Will run based on the schedule for the day of the week.					