

January 2025 Oshu City Newsletter



Sunday/Holiday Doctors

Oshu Kanegasaki Holidays Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 8:30AM – 4:00PM (at the address listed above.) ✂ Please call in advance.				
Jan. 12 th	Dr. Onodera (Shimokobe Gastroenterology Clinic)			
13 th	Dr. Kaneko (Aterui Orthopedic Surgery Clinic)			
19 th	Dr. Kamei (Kamei Internal/Digestive Clinic)			
26 th	Dr. Kamei (Kamei Orthopedic Surgery Clinic)			
Oshu Kanegasaki Nighttime Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 6:30PM – 9:00PM, every day year-round ✂ Please call in advance.				
Sunday Dentists (9:00AM – 12:00PM)				
Jan. 12 th	Ono Dental Clinic	25-7890	65-1 Mizusawa Aza Hitakanishi	
19 th	Iwabuchi Dental	41-9333	57-69 Kanegasaki-cho Nishine Kamihirasawa	
26 th	Oishi Dental Clinic	41-3711	60-2 Maesawa Aza Mikkamachi	
Seikotsu* Clinics (9:00AM – 3:00PM) *(therapeutic massage and PT-like treatments)				
Jan. 12 th	Komura Osteopathic Clinic	24-4542	4-9 Mizusawa Aza Sanbongi	
19 th	Ito Osteopathic Clinic	22-3851	1-1-8 Mizusawa Aza Minami Ogane	
26 th	Makoto Spiral Osteopathic Clinic	35-0894	7-26 Esashi Minami Odori	
★Children’s Emergency Helpline (☎ 019-605-9000) 7PM – 8AM the next day, every day year-round				

Taxes

National Health Insurance (payment #7) is due Friday, January 31st.

Please consider setting up automatic payments so you can’t forget.

☎ Tax Payment Division, Main City Hall (34-2227)

Search ID: 538

January Consultation Rooms

Administrative Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	10 th (Fri) 1:00PM-
	24 th (Fri) 3:00PM
Esashi Gen. Branch Office, Citizen Living Group	8 th (Wed) 9:30AM-11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	9 th (Thurs) 9:00AM-12:00PM
Isawa Gen. Branch Office, Citizen Living Group	28 th (Tues) 1:30PM-3:00PM

Financial & Lifestyle Stability Consultation

☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	15 th (Wed) 1:00PM-
Esashi Gen. Branch Office, Citizen Living Group	8 th (Wed) 4:00PM

Free Multiple Debts Consultation with a

Lawyer ☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	8 th (Wed) 10:00AM
	21 st (Tues) -3:00PM

Free Law Consultation ☎ 34-2915

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	28 th (Tues) 10:00AM - 4:00PM

Pension Consultation ☎ 0191-23-4246

Appointments required 1 day in advance

Place	Time & Date
Main City Hall Auditorium	9 th (Thurs) 10:00AM-3:30PM

Human Rights Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	9 th (Thurs) 1:30PM
	16 th (Thurs) -
Esashi Gen. Branch Office, Citizen Living Group	21 st (Tues) 3:30PM

Consumer Affairs Consultation ☎ 34-2915

Appointments required for Esashi, Maesawa, Isawa, and Koromogawa

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Esashi Gen. Branch Office, Citizen Living Group	Every Monday, 10:00AM to 3:00PM
Maesawa Gen. Branch Office, Citizen Welfare Group	Every Tuesday, 10:00AM to 3:00PM
Isawa Gen. Branch Office, Citizen Living Group	Every Thursday, 10:00AM to 3:00PM
Koromogawa Health & Welfare Center	Every Friday, 10:00AM to 3:00PM

Events

Esashi-Fujiwara Heritage Park Event

★ AR App: Yokai Hunting Game Rally, Winter Campaign

Find all 18 *yokai* lurking in the park, and get soft serve as a prize! You can also enter a raffle to win a pair accommodation ticket to Hanamaki Onsen. Participation is possible only if you pay the entrance fee.

When? January 2nd (Thurs) – February 16th (Sun), 9:30AM – 4:00PM

Location & contact: Esashi-Fujiwara Historical Heritage Park (35-7791)



Oshu Space & Astronomy Museum Events

★ New Year's Science Project: Let's Make a Wiggly Snake!

When? January 11th (Sat), 11:00AM – noon

Participants: 10 groups, applications required

Cost: 100 yen for materials (admission is charged separately)

★ January Stargazing Event

① Storytime: The Celestial Phenomena of 2025

② Stargazing: Let's Find the Gorgeous Taurus!

When? January 11th (Sat), 7:00PM – 8:30PM

Cost: Free!

★ Workshop: Let's Make a Robot Car Run With Programming!

When? January 12th (Sun), ① 9:15AM – 11:45AM (beginner course); ② 1:00PM – 2:30PM (challenge course)

Participants: 4th graders and up, 8 people per session (applications required)

What to bring: Things to write with

Cost: Free! (Admission is charged separately)

📞 Location, applications, and questions for all: Oshu Space and Astronomy Museum (24-2020)



Renewal Opening of Kunimidaira Ski Area

This season, the free parking lot at Kunimidaira Ski Area has been paved on a large scale, making it easier to use. The 11 courses, with lots of variety, allow beginners and experts alike to enjoy winter sports. Please stop by this winter!

Last day of operation: Sunday, March 23rd

Contact: Kunimidaira Ski Area (52-6611), Main City Hall Sightseeing Facility Strategy Office (34-2064)



Donto-sai

Burn New Year's decorations and pray for a healthy, safe year. Shinto ceremony (burning) starts at 9:30AM.

When? Early morning Jan. 12th (Sun) to 10:30AM

※ Decorations are not taken after 10:30AM. Plastic bags and similar are not allowed.

Where? Odori Park (Esashi)

📞 Oshu Chamber of Commerce, Esashi Branch (35-2514)

Notices

Multilingual Medical Support Portal Website Is Now Up

Through Iwate Pref. University, Oshu International Relations Association, and Oshu's regional co-operative research, a portal website that gathers helpful information related to medical care has been made for foreigners living in Oshu and healthcare workers. Please check it out.

So as to improve the website, please fill out the questionnaire (at the bottom of the home page.)

Contact: Main City Hall Future Steering Division, ILC/Multicultural Coexistence Prom. Division (34-2123)

