

April 2023

Oshu City Newsletter



Sunday/Holiday Doctors

Oshu Kanegasaki Holidays Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935	
Hours: 8:30AM – 4:00PM (at the address listed above.) ※ Please call in advance.					
April 2 nd	Dr. Arisumi (Arisumi Internal Medicine Clinic)				
9 th	Dr. Ishikawa (Ishikawa Hospital)				
16 th	Dr. Iwasaki (Sakurai Clinic)				
23 rd	Dr. Ito (Ito Family Clinic)				
29 th	Dr. Idzutsu (Miki Hospital)				
30 th	Dr. Ueda (Otomegawa Hospital)				
Oshu Kanegasaki Nighttime Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935	
Hours: 6:30PM – 9:00PM, every day year-round ※ Please call in advance.					
Dentists (9:00AM – 12:00PM)					
April 2 nd	Otemachi Dental Clinic	51-8820	5-1 Mizusawa Otemachi		
9 th	Jun Dental Clinic	51-2118	202-1 Mizusawa Aza Sakurayashikinishi		
16 th	Natsuta Dental Clinic	46-4710	164-1 Isawa Natsuta Aza Unada		
23 rd	Takano Dental Clinic	23-2488	37-7 Mizusawa Yachimyoen		
30 th	Maeda Dental Clinic	36-9100	1-13-1 Esashi Toyota-cho		
Sekkotsu* Clinics (9:00AM – 3:00PM) *(therapeutic massage and PT-like treatments)					
April 2 nd	Oikawa Osteopathic Clinic	23-7187	1-5 Mizusawa Otemachi		
9 th	Takahashi Osteopathic Clinic	23-8158	139 Mizusawa Shinjo Kitashiokara		
16 th	Kuramoto Osteopathic Clinic	22-6788	42-15 Isawa Oyama Kawakita		
23 rd	Omachi Osteopathic Clinic	47-4110	75-2 Mizusawa Omachi		
30 th	Hoshi Osteopathic Clinic	25-3742	6-12 Mizusawa Fukuyoshicho		
★Children's Emergency Helpline (☎ 019-605-9000) 7PM – 8AM the next day, every day year-round					

Taxes

Pay slips for property taxes will be sent out in early April.
Property tax (payment #1) is due by May 1st (Mon.)

Please consider setting up automatic payments so you can't forget.

☎ Tax Payment Division, Main City Hall (34-2227)

Free Law Consultation ☎ 34-2915

Appointments required

Place	Time & Date	
Main City Hall, Gen. Consultation Room	12 th (Wed)	10:00AM –
	25 th (Tues)	4:00PM

Free Multiple Debts Consultation with a Lawyer

☎ 34-2915 Appointments required

Place	Time & Date	
Main City Hall, Gen. Consultation Room	5 th (Wed)	10:00AM-3:00PM
	18 th (Tues)	3:00PM

Pension Consultation ☎ 0191-23-4246

Appointments required 1 day in advance

Place	Time & Date	
Esashi Gen. Branch Office	6 th (Thurs)	10:00AM-3:30PM

Administrative Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	14 th (Fri) 1:00PM-
	28 th (Fri) 3:00PM
Esashi Gen. Branch Office, Citizen Living Group	12 th (Wed) 9:30AM-11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	13 th (Thurs) 9:00AM-12:00PM
Isawa Gen. Branch Office, Citizen Living Group	25 th (Tues) 1:30PM-3:00PM
Koromogawa Health & Welfare Center	13 th (Thurs) 1:30PM-3:30PM

Financial & Lifestyle Stability Consultation

☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	19 th (Wed) 1:00PM -
Esashi Gen. Branch Office, Citizen Living Group	5 th (Wed) 4:00PM

Consultations for Oshu Young Adults

☎ 34-1585

Place	Time & Date
Main City Hall, Children & Families Dept.	Weekdays except Wednesday 9:00AM-4:00PM

Human Rights Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	6 th (Thurs) 1:30PM-3:30PM
	20 th (Thurs)
Esashi Gen. Branch Office, Citizen Living Group	18 th (Tues) 1:30PM-3:30PM
Maesawa Community Center	6 th (Thurs) 1:30PM-4:00PM
Koromogawa Health & Welfare Center	13 th (Thurs) 1:30PM-3:30PM

Consumer Affairs Consultation ☎ 34-2915

Appointments required for Esashi, Maesawa, Isawa, and Koromogawa

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Esashi Gen. Branch Office, Citizen Living Group	Every Monday, 10:00AM to 3:00PM
Maesawa Gen. Branch Office, Citizen Welfare Group	Every Tuesday, 10:00AM to 3:00PM
Isawa Gen. Branch Office, Citizen Living Group	Every Thursday, 10:00AM to 3:00PM
Koromogawa Health & Welfare Center	Every Friday, 10:00AM to 3:00PM

Events**Esashi Cherry Blossom Festival***Bonbori* lanterns, lights, and more.

※ Light-up from 5PM – 11PM.

When? April 7th (Fri) to May 7th (Sun)**Where?** Former Iwayado Kyoritsu Hospital (Meiji Memorial Building), Tateyama Site Park, Minamoto no Yoshitsune Memorial, and more

☎ Oshu City Chamber of Commerce, Esashi Branch (35-2514)

Balance Ball Exercise at Esashi West Gym**When?** April 15th (Sat), 10AM-noon**Where?** Esashi West Gym**Participants:** Limit of 12 people**Cost:** 1,000 yen**How to apply:** By phone or in person by 5PM the day before

☎ Esashi West Gym (35-5544)

Oshu Space and Astronomy Museum Events

★ April Stargazing Event

1) Get to Know the Planets! What Kind of Celestial Bodies are Venus and Mars?

2) Stargazing: Finding the Constellations, Cancer Edition

When? April 8th (Sat) 7:00PM – 8:30PM

Participants Limit 30 people, applications required

Cost Free!

★ Science Café, Page 68:


15th Anniversary of the Museum: Its Birth Story

When? April 16th (Sun) 3:00PM – 4:00PM

Instructor: Kazuaki Sato (vice chief director of Ihatov Space & Astronomy Center)

Participants: Limit 20 people, applications required, first come first serve

Cost: 300 yen for tea and snacks

 **Location, questions, applications for both:** Oshu Space and Astronomy Museum (24-2020)

Notices

Updates to Iwate Hanamaki Airport's Schedule

The schedule for regular flights will change starting from March 26th. Daily flights will operate from Hanamaki Airport directly to Sapporo, Nagoya, Osaka, Kobe, and Fukuoka. Starting on May 10th, international scheduled flights to Taipei will resume (operating Wednesdays and Saturdays.) For details about flights, please contact the relevant airline.

 For domestic flights: JAL (0570-025-071)

For international flights: FDA (0570-55-0489)

Basic First Aid Training Classes

Come learn about CPR, AEDs, the Heimlich maneuver, and how to stop bleeding. Apply at least 2 days before the class you wish to take.

When and where:

April 23rd at Mizusawa Fire Dept.

May 7th at Esashi Fire Dept.

June 11th at Maesawa Substation

July 23rd at Kanegasaki Substation

August 6th at Mizusawa Fire Dept.

September 17th at Isawa Substation

※ All Sundays, 9AM – noon

Who? Anyone middle school age and up, 15-25 people per class

Cost: Free!

Contact: Oshu Kanegasaki Admin. Association Fire Dept. (24-7211)

Don't Forget: Light Motor Vehicle Taxes are Levied on April 1st

People who own motorcycles and light vehicles as of April 1st must pay taxes on them. Procedures are required within 15 days of changes such as new registration, getting rid of a vehicle, change of owner/address, or similar. Failure to do so will result in late fees. Also, name change procedures etc. are necessary for vehicles that are registered in the name of someone who has passed away. Please make sure not to forget.

■ Where to Go Depending on Vehicle Type

Vehicle Type	Where to Go
Motorized bicycles (motorcycles etc. with engines 125 cc or lower)	Main City Hall Tax Division
Special small motor vehicles (including agricultural vehicles with a seat)	Other branch offices' tax divisions
Light vehicles with 3, 4, or more wheels ※	Pref. Light Automobile Assoc. (050-3816-1833)
Two-wheeled vehicles between 126-250 cc ※ Small two wheeled vehicles over 250 cc ※	Tohoku Transport Bureau, Iwate Office (050-5540-2010)

※These types are also served by the Pref. Private Automobile Assoc. Mizusawa Branch (24-3168)

■ About the Delivery of Payment Slips

Pay slips for vehicle taxes for FY 2023 will be sent out on April 28th. Once you have your slip, please double-check the information on it, and pay at one of the locations it lists by May 31st.

 Main City Hall Tax Dept. (34-2173)



Information on COVID-19

The Stance Towards Mask Wearing Has Changed

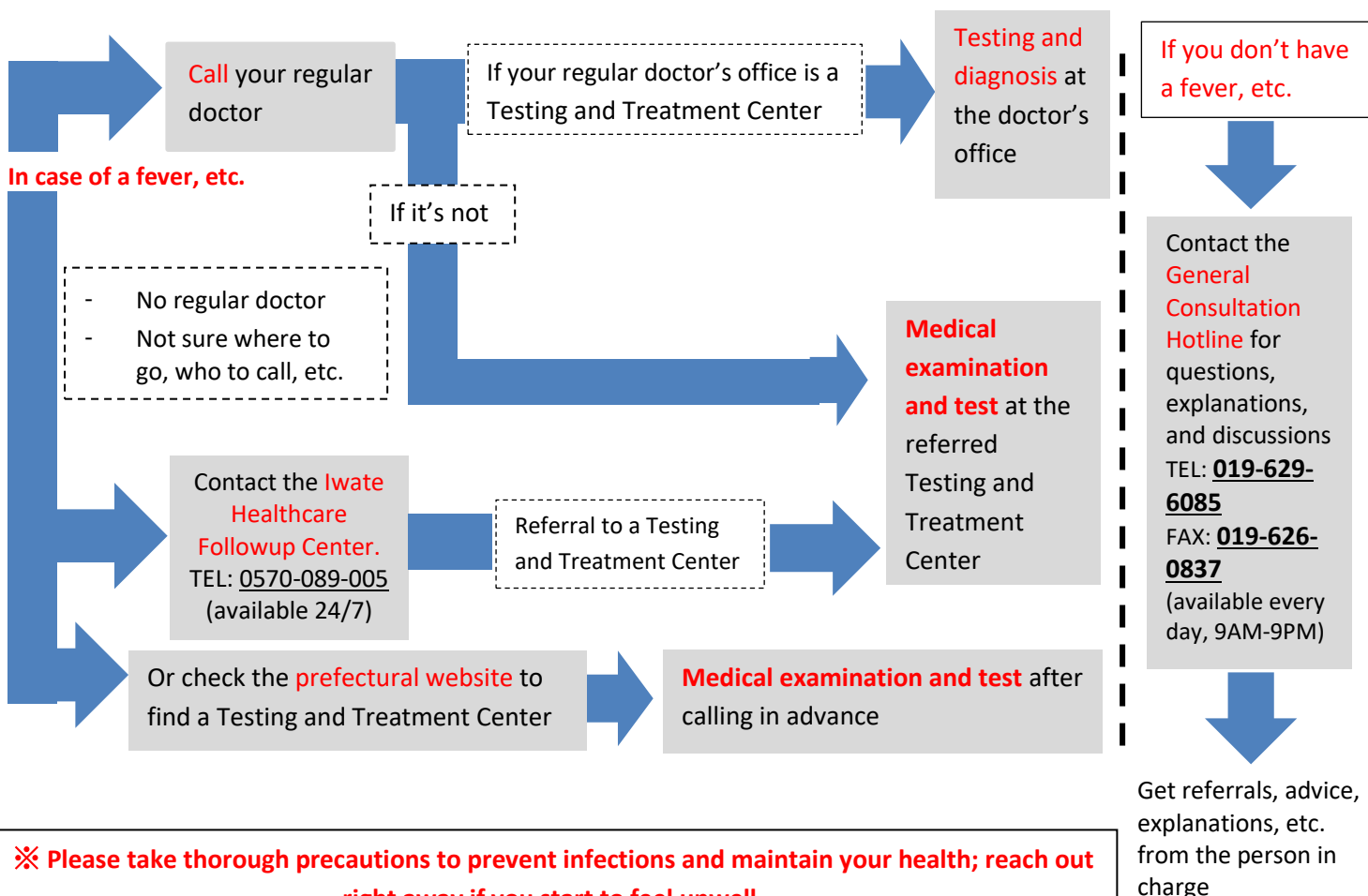
Starting March 13th, mask-wearing will essentially become a matter of personal judgement. The reevaluation of the stance towards mask-wearing in schools will go into effect starting April 1st. Please take care to respect others' personal choices, and do not compel others to wear or remove masks against their will.

- **Situations Where Masks Are Effective/Recommended**
 - When going to a medical facility for healthcare
 - When visiting, or working in, a healthcare center, assisted living facility, or similar places, where many older adults or other high-risk populations live or are hospitalized
 - When taking a bus, train, etc. during rush hour or otherwise crowded times (guidance for the time being)
- **When Showing Symptoms**
 - If you have symptoms, test positive for COVID-19, or have a cohabiting family member who tests positive, avoid going out. If you must go out, avoid crowds and wear a mask.
- **Basic Infection Prevention Measures**
 - Even after the reevaluated stance on mask-wearing goes into effect, please continue to avoid the 3 C's (closed-off spaces, crowds, and close-range conversations), keep your distance from other people, practice hand hygiene/wash your hands, ventilate spaces, and carry out other basic preventative measures.

☎ Main City Hall Health Promotion Dept. (24-2111, ext. 1251)

Consultations and Diagnosis for Fevers, Etc.

- If you have a fever or similar symptoms, **call your regular doctor first.**
- If you're not sure who to call, **contact the Diagnosis and Consultation Center (or check the prefectural website to find a Testing and Treatment Center.)**



※ Please take thorough precautions to prevent infections and maintain your health; reach out right away if you start to feel unwell.