

October 2024 Oshu City Newsletter



Sunday/Holiday Doctors

Oshu Kanegasaki Holidays Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 8:30AM – 4:00PM (at the address listed above.) ✂ Please call in advance.				
Oct. 6 th	Dr. Higuchi (Higuchi ENT Clinic)			
13 th	Dr. Honda (Honda Gastroenterology Clinic)			
14 th	Dr. Hirama (Hirama OBGYN)			
20 th	Dr. Hojo (Maesawa Eye Clinic)			
27 th	Dr. Hirata (Hirata Surgery & Internal Clinic)			
Oshu Kanegasaki Nighttime Clinic		Address: 21-1 Taga Mizusawa		TEL: 25-3935
Hours: 6:30PM – 9:00PM, every day year-round ✂ Please call in advance.				
Sunday Dentists (9:00AM – 12:00PM)				
Oct. 6 th	Yui Dental Clinic	25-7422	2-21 Mizusawa Fukuromachi	
13 th	Hal Dental Clinic	34-2180	60-1 Mizusawa Hitakanishi	
20 th	Murakami Dental Clinic	23-5770	7 Mizusawa Aza Sanbongi	
27 th	Morioka Dental Clinic	23-6480	1-2-11 Mizusawa Hanazonocho	
Seikotsu* Clinics (9:00AM – 3:00PM) *(therapeutic massage and PT-like treatments)				
Oct. 6 th	Makoto Spiral Osteopathic Clinic	35-0894	7-26 Esashi Minami Odori	
13 th	Tashiro Osteopathic Clinic	23-5188	3-6-30 Mizusawa Tainichi Dori	
20 th	Takahashi Osteopathic Clinic	23-8158	139 Mizusawa Shinjo Aza Kitashiokara	
27 th	Oikawa Osteopathic Clinic	23-7187	1-5 Mizusawa Otemachi	
★Children’s Emergency Helpline (☎ 019-605-9000) 7PM – 8AM the next day, every day year-round				

Taxes

Resident tax (payment #3) and National Health Insurance (payment #4) are due October 31st (Thurs.)

Please consider setting up automatic payments so you can’t forget.

☎ Tax Payment Division, Main City Hall (34-2227)

Search ID: 538

October Consultation Rooms

Consumer Affairs Consultation ☎ 34-2915

Appointments required for Esashi, Maesawa, Isawa, and Koromogawa

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Esashi Gen. Branch Office, Citizen Living Group	Every Monday, 10:00AM to 3:00PM
Maesawa Gen. Branch Office, Citizen Welfare Group	Every Tuesday, 10:00AM to 3:00PM
Isawa Gen. Branch Office, Citizen Living Group	Every Thursday, 10:00AM to 3:00PM
Koromogawa Health & Welfare Center	Every Friday, 10:00AM to 3:00PM

Human Rights Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	3 rd (Thurs)
	17 th (Thurs)
Esashi Gen. Branch Office, Citizen Living Group	15 th (Tues) 1:30PM -
Natsuta Comm. Center	9 th (Wed) 3:30PM
Koromogawa Health & Welfare Center	10 th (Thurs)

Financial & Lifestyle Stability Consultation

☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	16 th (Wed) 1:00PM -
Esashi Gen. Branch Office, Citizen Living Group	2 nd (Wed) 4:00PM

Free Multiple Debts Consultation with a

Lawyer ☎ 34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	2 nd (Wed) 10:00AM
	15 th (Tues) -3:00PM

Administrative Consultation ☎ 34-2915

September and October are Administrative Consultation Months

Place	Time & Date
Main City Hall, Gen. Consultation Room	11 th (Fri) 1:00PM-
	25 th (Fri) 3:00PM
Esashi Gen. Branch Office, Citizen Living Group	9 th (Wed) 9:30AM-11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	10 th (Thurs) 9:00AM-12:00PM
Maesawa Industry Festival (special venue)	19 th (Sat) 10:00AM-3:00PM
Isawa Gen. Branch Office, Citizen Living Group	22 nd (Tues) 1:30PM-3:00PM
Koromogawa Health & Welfare Center	10 th (Thurs) 1:30PM-3:30PM

Pension Consultation ☎ 0191-23-4246

Appointments required 1 day in advance

Place	Time & Date
Esashi Gen. Branch Office, Consultation Room 313	3 rd (Thurs) 10:00AM-3:30PM

Free Law Consultation ☎ 34-2915

Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	9 th (Wed) 10:00AM
	22 nd (Tues) - 4:00PM

Events

39th Annual Esashi Industry Festival

When? October 19th and 20th (Sat & Sun), 9:30AM – 3:30PM
(until 3PM on the 20th)

Where? JA Esashi Main Shop parking lot ※ Free shuttle buses
from Esashi Gen. Branch Office and Esashi Bus Center

Event details: Sale of local agricultural and other products, mochi
toss, and more

Contact: Esashi Industry Festival Executive Committee (within
Esashi Gen. Branch Office, Local Support Group, 34-1623)

Search ID: 930

Balance Ball Exercise at Esashi West Gym

Apply by 5PM the day before the class you wish
to take

When? October 26th, December 14th, January
18th (all Saturdays), 10AM – 11:30AM

Participants: 12 people per session

Cost: 1,000 yen per session

Location & contact: Esashi West Gym (35-
5544)

Isawa Commerce & Industry Fall Festival and One Circle Fest

When? Commerce & Industry Fall Festival: October 26th (Sat), 10AM – 3PM

One Circle Fest: October 27th (Sun), 10AM – 3PM both days

Where? Isawa Cultural Creative Center (in the front plaza)

Event activities: Commerce & Industry Fall Festival: Isawa Market and stage events

One Circle Fest: sale of specialty products, craft fair, food trucks, and a family fun corner

Contact: Oshu Chamber of Commerce, Isawa Branch (46-3131)

Search ID: 9617

Iwate Galaxy Fest 2024

When? October 12th (Sat), 10AM – 7PM

Where? NAOJ Mizusawa VLBI Observatory, Oshu Space & Astronomy Museum

Details: Special opening of the national observatory, free entry to the museum, lectures,
introductions of research, experiential events, dances & performances, local treats for sale, and more.

Contact: Oshu Space and Astronomy Museum (24-2020)



Oshu Maesawa Commerce & Industry Festival

When? October 19th (Sat) and 20th (Sun), 10:00AM – 3:30PM ※ Will go on in case of slight rain

Where? Maesawa Fureai Center parking lot

Event details: Exhibit of things for sale, crafting experience, try riding in work vehicles, sale of specialty goods from our
sister city Atsuma in Hokkaido, and more

Contact: Commerce & Industry Festival Executive Committee Office (within Maesawa Chamber of Commerce, 56-
2105)

Search ID: 9734

Basic First Aid Training

Where & when?

Oct. 27th: Kanegasaki Substation

Nov. 10th: Mizusawa Fire Dept.

Dec. 15th: Esashi Fire Dept.

Jan. 19th: Maesawa Substation

Feb. 16th: Isawa Substation

March 16th: Koromogawa Substation

※All Sundays, 9:00AM – noon (9:00AM – 11:00AM on Dec. 15th, with a web lecture in
advance)

Details: Learn about CPR, how to use an AED, and similar.

Cost: Free!

Applications: Apply 2 days before the class you wish to take.

Applications, contact: Oshu Kanegasaki Administrative Association Fire Dept. (24-7211)

