

Notice to All Pregnant People in Oshu

So as to resolve any feelings of anxiety or isolation about giving birth or childrearing, city public health nurses and midwives provide close discussions and information to pregnant people, new parents, and new families, as needed.

Consultation line:

Parent-Child Future Section
TEL: 0197-34-2171

* The city may call you, so please register.

Togetherness Support Program for Birth & Childrearing

All expecting and childrearing households are supported from when pregnancy is notified. Based on close discussions, while sharing information between all relevant facilities, collaborative and economic support is provided in an integrated way, depending on the assistance required.

Collaborative support

- ① When pregnancy is notified (interview at city hall)
- ② At the 8th month of pregnancy (smartphone survey: discussion if desired)
- ③ Child welfare visit (visit and interview)

* Economic support*

To economically assist with birth and childrearing, 50,000 yen is provided after notifying your pregnancy. After the child welfare visit, 50,000 yen per child is provided, for a total of 100,000 yen.

(Bring some form of personal ID and your bankbook/something that shows your bank account number)

Survey at 8 Months of Pregnancy

At around the 8th month of pregnancy, we ask that you complete a survey. Eligible people will be notified individually. Scan the QR code that's in the notification and answer the questions. If you'd like, you can have a discussion with a midwife or a public health nurse. If you don't answer, the city will contact you by phone to check on things. (This survey is required to apply for Togetherness Support Funds after birth.)

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April 2024

Pregnancy Support Funds

All pregnant people with an Oshu city address are eligible to receive 30,000 yen to help with transport fees etc. for pregnancy-related healthcare. You can apply when you get your Health Handbook, or when applying for pregnancy checkup cards after moving in to Oshu.

- What to bring: a copy of the front page of your Health Handbook, official ID, and your bankbook/something that shows your bank account number.
- Application deadline: within one month of getting your Health Handbook, or one month of your move-in date.

New Parent Support Funds

All new parents with an Oshu city address are eligible for 20,000 yen per baby, to help with transport fees etc. for well infant checkups and postpartum healthcare. You can apply at the same time as other birth-related procedures.

- Who is eligible: New parents who had an Oshu address at the time of application and the birth
- What to bring: A copy of the Birthing Conditions page of the Health Handbook, official ID, and your bankbook/something that shows your bank account number
- Application deadline: 6 months after giving birth

High-Risk Pregnancy Access Support

Fees for transport to a perinatal medical center for healthcare or labor/delivery, and stays in a lodging facility, are subsidized for people in high-risk pregnancies. (Cannot be doubled up with Subsidized Taxi Tickets for Pregnancy or other forms of aid.)

★ When you go to apply, please bring the High-Risk Pregnancy Eligibility Sheet that a doctor at the perinatal medical center has filled out.

- Amount: 50,000 yen maximum (once per birth)
- Transportation fees (37 yen per kilometer, for shortest possible route to the medical facility)
- Paid parking lots and highway tolls (actual amount)
- Lodging fees (for medical care or labor/delivery)
- Application deadline: 6 months after giving birth

Lodging Aid for Pregnancy

Those who want to use a lodging facility to wait for labor and delivery can have some of the costs of their stay subsidized. In the case of a high-risk pregnancy, please apply after confirming that you are eligible. If you are eligible for High-Risk Pregnancy Access Support, your companion may apply for lodging aid.

- What may be subsidized: The lodging fees for pregnant people with an Oshu address, and one companion, while waiting for labor and delivery
 - What to bring: A copy of the Birthing Conditions page of the Health Handbook, official ID, receipt from the lodging facility, and your bankbook/something that shows your bank account number
 - Upper limit: 5,000 yen per person per night, for up to 3 nights
 - Application deadline: 6 months after giving birth
- You can apply once per birth.

Subsidized Taxi Tickets for Pregnancy

When you take a taxi for a doctor's appointment or similar, show your Health Handbook and use the subsidized tickets. You can get these tickets at the same time as your Health Handbook (or when getting general pregnancy healthcare cards after moving in to Oshu.)

You cannot apply after moving out of Oshu.

Children and Health Division, Health Promotion Dept. Parent-Child Future Section (0197-34-2171)

Esashi Gen. Branch Health and Welfare Group, Health Promotion Dept. (0197-34-2523)

Contact Maesawa Gen. Branch Citizen Welfare Group, Health Promotion Dept. (0197-34-0275)

Isawa Gen. Branch Health and Welfare Group (Yuyukan), Health Promotion Dept. (0197-46-2977)

Koromosawa Gen. Branch Citizen Welfare Group, Health Promotion Dept. (0197-34-2370)