

General

<u>Field</u>	<u>Scope</u>	<u>Description</u>	<u>Details</u>	<u>Contact</u>
Discussing stress/anxiety	Pref.	Iwate COVID-19 Discussion Window	General consultations about COVID-19	Iwate COVID-19 Discussion Window 019-629-6085
Discussing stress/anxiety	Pref.	Diagnosis and Consultation Call Center	Consultations for people with symptoms	Diagnosis and Consultation Call Center 019-651-3175
Discussing stress/anxiety	Pref.	Mental Health System for COVID-19	System to provide Iwate residents with advice and support from a consultant to relieve stress and anxiety	Iwate Mental Health Welfare Center 019-629-9617

Welfare

<u>Field</u>	<u>Scope</u>	<u>Description</u>	<u>Details</u>	<u>Contact</u>
Loss of housing/fear of loss of housing	City	Financial Aid for Continued Housing	Rent support (with an upper limit.) Timeframe: generally 3 months, 9 months maximum	Lifestyle Security Support Office 0197-47-4546
Support for households with reduced income	Pref. Social Welfare Assn.	Special Small Emergency Loans	Upper limit: 200,000 yen Grace period: not more than 1 year Repayment period: not more than 2 years No interest, no guarantor needed	Oshu City Social Welfare Association 0197-25-7171
Support for households with reduced income		Special General Support Loans	Upper limits: 200,000 yen/month for households with 2 or more people, 150,000 yen/month for solo householders Timeframe: generally 3 months Grace period: not more than 1 year Repayment period: not more than 10 years No interest, no guarantor needed	

Education

<u>Field</u>	<u>Scope</u>	<u>Description</u>	<u>Details</u>	<u>Contact</u>
Support for students whose household finances suddenly changed	Pref.	Tuition etc. Payment Breaks for High School Students	Reduction of tuition, entrance fees, etc. for parents of public high school students to lessen the economic burden on households whose finances suddenly changed	Prefectural Education Planning Office 019-629-6112
	Pref.	Tuition etc. Payment Breaks for High School Students	Reduction of tuition for parents of private high school students to lessen the economic burden on households whose finances suddenly changed	Prefectural Education Promotion Office 019-629-5042
	Pref.	Distribution of Scholarship Funds	Funds for parents of public high school students for non-tuition educational fees to lessen the burden on households whose finances suddenly changed	Prefectural Education Planning Office 019-629-6109
	Pref.	Distribution of Scholarship Funds	Funds for parents of private high school students for non-tuition educational fees to lessen the burden on households whose finances suddenly changed	Prefectural Education Promotion Office 019-629-5042

Support for students whose household finances suddenly changed	Nat'l	New Higher Education Studies Support System	Scholarship funds with no repayment needed for reduction of tuition and entrance fees for college/university, junior college, technical college, or vocational school students whose household finances suddenly changed	Japan Student Services Organization 0570-666-301
	Nat'l	Scholarship Funds	Scholarship funds for college/university, junior college, technical college, or vocational/vocational-level school students plus graduate students	Japan Student Services Organization 0570-666-301
Japan Student Services Organization scholarship repayment consultations	Nat'l	Repayment Reductions/Repayment Period Extensions	Timeframe extensions or a pause on the repayment period in order to reduce the repayment amount	Japan Student Services Organization 0570-666-301

Taxes/Utilities

<u>Field</u>	<u>Scope</u>	<u>Description</u>	<u>Details</u>	<u>Contact</u>
Consultations about paying resident tax, property tax, etc.	City	City tax payment deferments	Deferments of various types of taxes due to loss of income	Oshu City Tax Payment Dept. 0197-34-2228
Easing of National Health Insurance payments	City	Easing of National Health Insurance payments	Easing of insurance fees (based on bracket) for households that pay into National Health Insurance whose main earner's income has decreased	Oshu City Tax Dept. 0197-34-2173
Economic countermeasures regarding the tax system	City / Nat'l	(City) About emergency economic countermeasures regarding the tax system (Nat'l) Emergency economic countermeasures regarding the tax system	Necessary tax procedures for an emergency	Oshu City Tax Dept. 0197-34-2374, 0197-34-2376
Consultations about paying national pension	Nat'l	System to reduce or defer payments based on reasons for loss of income	Payment easing or deferments due to loss of income	Japan Pension Service Ichinoseki Pension Office 0191-23-4246 Oshu City Citizen Services 0197-34-2914
Consultations about paying water bills	City	Payment deadline extensions	Consultations and extensions of payment deadlines (for businesses too) for those who are having temporary difficulties paying water bills	Oshu City Waterworks Customer Service Center 0197-25-6700
Consultations about paying public utilities/phone bill	Private sector	Payment deadline extensions	Extensions of payment deadlines (for businesses too)	The relevant electric/gas/phone company
Partial relief from National Health Insurance payments	City	Partial relief from National Health Insurance payments	In the case of job loss or other special reasons causing a temporary, severe loss of income, and medical fees are hard to pay, partial payment breaks, reductions, or deferments are available	Oshu City Health Promotion Dept. 0197-34-2901
National Health Insurance, Sickness/Injury Allowance	City	National Health Insurance, Sickness/Injury Allowance	Oshu National Health Insurance members can get sickness/injury allowance if they lost partial or full wages due to mandatory time off because of confirmed or suspected COVID-19	Oshu City Health Promotion Dept. 0197-34-2901

Easing of the Advanced Elderly Medical Care System	Cross-regional	Easing of the Advanced Elderly Medical Care System	Partial easing of insurance/medical fees (based on bracket) for households whose income has decreased and who include a member of the Advanced Elderly Medical Care System	Oshu City Health Promotion Dept. 0197-34-2902
Sickness/injury allowance from the Advanced Elderly Medical Care System	Cross-regional	Sickness/injury allowance from the Advanced Elderly Medical Care System	System members can get sickness/injury allowance if they lost partial or full wages due to mandatory time off because of confirmed or suspected COVID-19	Oshu City Health Promotion Dept. 0197-34-2902
Health and Welfare loans	City	Health and Welfare loans	Recipients of Oshu's medical fee benefit system can get interest-free loans to cover the cost of their share of the expenses, partially or totally, if paying the fees is difficult	Oshu City Health Promotion Dept. 0197-34-2902
National Health Insurance loans for major medical expenses	City	National Health Insurance loans for major medical expenses	Loans for heads of households of National Health Insurance members who have high medical fees of 10,000 yen or more	Oshu City Health Promotion Dept. 0197-34-2901
Easing of caregiving insurance payments	City	Easing of caregiving insurance payments	Easing of insurance fees (based on bracket) for households with a Class 1 insurance member, mostly in cases where the main earner's income is expected to decrease	Oshu City Elderly Social Services Dept. 0197-34-2198
Home loan payment consultations	Nat'l / Private sector	Consultations on changing interest payments/payback schedule	Currently, consultations on changing interest payments/ payback schedule are available	Financial institution discussion line: 0120-15-6811