

November 2020

Oshu City Newsletter



Produced by Oshu City ILC Prom.
Division, Oshu City Comm.
Development Division, Oshu City
International Relations Association

Sunday/Holiday Doctors

1) Oshu Kanegasaki Nighttime and Holidays Clinic, 2) Esashi Sunday/holiday clinics, and 3) Sunday dentists may pause their services depending on the status of COVID-19 infections. If COVID-19 is confirmed in Oshu or Kanegasaki, these clinics will close the following day; once 9 days have passed with no new cases, the clinics will re-open. For information about closures and re-openings, see the city homepage or call one of the numbers below. If you need healthcare on a holiday or at night while holiday/nighttime services are closed, please contact a city or prefectural hospital.

Contact

- ① Nighttime and Holidays Clinic (25-3935), Oshu Kanegasaki Administrative Association (24-5821)
- ② Main City Hall Regional Healthcare Promotion Office (34-2908)
- ③ Oshu Dentistry Association Secretariat (24-0810)

Mizusawa			
Day		☎	Address
Open Sundays, holidays 8:30 am - 4:00 pm. Open nights every day 6:30 pm - 9:00 pm.	Oshu Kanegasaki Holidays Clinic	25-3935	21-1 Taga Mizusawa
Esashi (Mornings, check times in advance by phone)			
Day		☎	Address
November 1 st	Takahashi Internal Medicine Clinic	35-6668	1-30 Odori
3 rd	Tamazawa Rehab Orthopedic Clinic	35-8801	71-1 Nihongi Iwayado
8 th	Hirata Surgery, Internal Med. Clinic	31-1331	401-6 Kannondou-oki, Odaki
15 th	Taniguchi ENT Clinic	35-2927	5-22 Odori
22 nd	Ito Internal Med. Clinic	35-4006	3-12 Kawaramachi
23 rd	Ito Family Clinic	35-0035	11-14 Nishi Odori
29 th	Oikawa Osteopathic Surgery Clinic	35-2917	1-1-32 Youkamachi
Dentists (9:00 – 12:00)			
November 1 st	Sakurakawa Dental Clinic	51-9030	211 Mizusawa Sakurakawa Higashi-takayama
8 th	Hakozaki Dental Clinic	23-4070	10 Mizusawa Shinkoji
15 th	Suzuki Dental Clinic	31-1811	2-5-19 Esashi Toyota-cho
22 nd	Abe Dental Clinic	22-8522	38-18 Isawa Oyama Amanuma
29 th	Yaegashi Dental Clinic	23-5226	1-29 Mizusawa Fukuromachi
Sekkotsu* Clinics (9:00AM – 3:00PM) *(therapeutic massage and PT-like treatments)			
November 1 st	Hoshi Osteopathic Clinic	25-3742	6-12 Mizusawa Fukuyoshicho
8 th	Abe Osteopathic Clinic	35-1036	7-17 Esashi Muikamachi
15 th	Komura Osteopathic Clinic	24-4542	4-9 Mizusawa Sanbongi
22 nd	Ito Osteopathic Clinic	22-3851	1-1-8 Mizusawa Minami Ogane
29 th	Makoto Spiral Osteopathic Clinic	35-0894	7-26 Esashi Minami Odori
★Children Emergency Helpline (☎ 019-605-9000) Open daily 7 PM-11 PM			

Free Law Consultation ☎
34-2915 Appointments required

Place	Time & Date
Main City Hall, Gen. Consultation Room	11 th (Wed) 10:00AM-4:00PM
	24 th (Tues)

Pension Consultation
☎ 0191-23-4246
Appointments required

Place	Time & Date
Main City Hall	5 th (Thurs) 10:00AM-3:00PM

Taxes
Property tax (payment #4) and National Health Insurance (payment #5) are due November 30th (Mon)
Please consider setting up automatic tax payments so you can't forget.
☎ Tax Payment Division, Main City Hall (34-2227)

Consumer Affairs Consultation

☎ 34-2915

Appointments required 1 day in advance for Esashi, Maesawa, Isawa, and Koromogawa

Place	Time & Date
Main City Hall, Gen. Consultation Room	Mon-Fri, 9:00AM to 5:00PM (last apt. at 4)
Esashi Gen. Branch Office, Citizen Living Group	Every Monday, 10:00AM to 3:00PM
Maesawa Gen. Branch Office, Citizen Welfare Group	Every Tuesday, 10:00AM to 3:00PM
Isawa Gen. Branch Office, Citizen Living Group	Every Thursday, 10:00AM to 3:00PM
Koromogawa Health & Welfare Center	Every Friday, 10:00AM to 3:00PM

Administrative Consultation ☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	13 th (Fri) 1:00PM –
	27 th (Fri) 3:00PM
Esashi Gen. Branch Office, Citizen Living Group	11 th (Wed) 9:30AM-11:30AM
Maesawa Gen. Branch Office, Citizen Welfare Group	12 th (Thurs) 9:00AM-12:00PM
Isawa Gen. Branch Office, Citizen Living Group	24 th (Tues) 1:30PM-3:00PM
Koromogawa Health and Welfare Center	12 th (Thurs) 1:30PM-3:30PM

Human Rights Consultation

☎ 34-2915

Place	Time & Date
Main City Hall, Gen. Consultation Room	5 th (Thurs) 1:30PM-3:30PM
	19 th (Thurs) 3:30PM
Esashi Gen. Branch Office, Citizen Living Group	17 th (Tues) 1:30PM-3:30PM
Furushiro Community Center	5 th (Thurs) 1:30PM-3:30PM
Koromogawa Health and Welfare Center	12 th (Thurs) 1:30PM-3:30PM

Events

※ The events promoted on this page may be changed, postponed, or canceled to prevent the spread of the new coronavirus. For the most current information on events, check the Oshu city website.

Fall Colors Light-up!**When?** Ends on November 8th (Sun) 5:00PM – 7:00PM**Where?** Esashi-Fujiwara Heritage Park**Cost** 200 yen for elementary schoolers, 400 yen for middle schoolers and up

※ Will be canceled in case of rain. Info on whether the event will go on will be posted on the website and social media at 3PM on the day. Entry restrictions are in effect at crowded times.

☎ **Questions, contact** Esashi-Fujiwara Heritage Park (35-7791)

November Star-Gazing Events

① Storytime: Hayabusa2 is Returning Soon!

② Star Gazing Event: Enjoying the Autumn Constellations

When? November 14th (Sat) 7:00PM – 8:30PM**Where?** Oshu Space and Astronomy Museum**Cost** Free!**Participants** 30 people (registration required)

☎ Oshu Space and Astronomy Museum (24-2020)

15th Annual Oshu Traditional Performing Arts Festival

Come and see these dances, done with a wish to banish illness and grant citizens a peaceful life.

When? November 15th (Sun) from 1:00PM

Admission Free!

Where? Esashi Gym & Cultural Center (Sasara Hall)

※ Tickets with assigned seating from the Oshu Arts & Culture Association are required for entry

Performers Kodashiro Kagura Preservation Society, Okuyama Gyojo Ryuu Mochita Deer Dance, Uwahabaniwa Rice Planting Dance Preservation Society, Omori Kagura Preservation Society, Esashi Jinku Festival 2020 25-year-old Group (Kioren), and 42-year-old Group (Hiyujin)

☎ City Arts & Culture Association (22-6622, within Z Hall)

Notices

Oshu Will Partially Subsidize Children's Flu Shots

The city of Oshu will help pay for part of the cost of flu vaccines for children. Notices were sent to eligible families by the end of September.

Who is eligible? Children living in Oshu City who were born between April 2nd, 2014 and April 1st, 2019

☎ Main City Hall Health Promotion Division, Vaccination Contact (34-2905) or the health/citizens' welfare group at any branch office

Only a Few Days Remaining: Get a Health Check!

Only a few days are still available for a city health check for this year. If you haven't had one yet, please take a look at the available days and get a checkup.

Contact Main City Hall Health Promotion Division, Health Maintenance Contact (34-2903)

Night Seminar for National Care Worker Certification Exam

When? November 11th (Wed), November 19th (Thurs), November 27th (Fri), December 11th (Fri), and December 17th (Thurs) (5 sessions in total, 6:00PM – 8:00PM)

Where? Maple basement, multipurpose hall

Participant # 15 people

Fee 5,000 yen (flat fee regardless of number of lectures participated in)

Application deadline Whenever the participant limit is met

Applications, contact: Pref. Care Worker Association, Greater Tanko Region Branch Office (within Regional Elder Welfare Support Center) **☎** 24-1474

November 9-November 15: Fall Fire Prevention Week

7 Ways to Stop House Fires and Save Your Life

3 Habits

- **Never ever** smoke in bed.
- Keep stoves/heaters away from flammable things.
- Turn cooking stoves off whenever you step away from them.

4 Countermeasures

- **Install a home fire alarm**, so you can quickly escape a fire.
- Use bedding and clothes made of fire-resistant material.
- **Keep a fire extinguisher at home**, so you can put out fires while they're still small.
- Cooperate as a neighborhood to protect vulnerable people like seniors and people with disabilities.

Contact: Main City Hall Crisis Management Division, Firefighting Contact: 34-2235