

Notice to All Pregnant People in Oshu

Congratulations on your pregnancy! Please avail yourself of Oshu's pregnancy support systems, to ensure your peace of mind until you give birth.

Pregnancy Support Funds

All pregnant people with an Oshu city address are eligible for 30,000 yen of financial aid to help with transport fees etc. for pregnancy-related healthcare. You can apply for these funds when you get your Health Handbook, or when applying for pregnancy checkup cards after moving in to Oshu.

You cannot apply after moving out of Oshu.

- Pregnant people with an Oshu address may apply.
- Attach a copy of the front page of your Health Handbook, your bankbook or something that shows your bank account number, and some form of personal ID (My Number card, driver's license, etc.) to your application.
- The deadline to apply is within one month of getting your Health Handbook, or one month of your move-in date.

Lodging Aid for Pregnancy

Pregnant people who plan to stay in a lodging facility until labor and delivery are eligible to have some of the costs of their stay subsidized. You cannot apply after moving out of Oshu.

- Who is eligible: Pregnant people with an Oshu address and one companion, for fees on or after April 1st, 2022

- What to bring: A copy of the Birthing Conditions page of the Health Handbook

Receipt from the lodging facility

Bankbook or something that shows the bank account number

Pregnant person's ID (My Number card, driver's license, etc.)

- Upper limit: 5,000 yen per person per night, for up to 3 nights

- Application deadline: 6 months after giving birth

※ Available once per birth

New Parent Support Funds

All new parents with an Oshu city address are eligible for 20,000 yen per baby, as financial aid to help with transport fees etc. for well infant checkups and postpartum healthcare. You can apply at the same time as other birth-related procedures. You cannot apply after moving out of Oshu.

- Who is eligible: New parents who had an Oshu address at the time of application and the birth
- What to bring: A copy of the Birthing Conditions page of the Health Handbook, your bankbook or something that shows your bank account number, and the pregnant person's ID (My Number card, driver's license, etc.)
- Application deadline: 6 months after giving birth

Subsidized Taxi Tickets for Pregnancy

When you take a taxi for a doctor's appointment or similar, show your Health Handbook and use the subsidized tickets. You can get these tickets at the same time as your Health Handbook (or when getting general pregnancy healthcare cards, after moving in to Oshu.)

Applications, contact

Children and Health Division, Health Promotion Dept. Parent-Child Future Section (0197-34-2171)

Esashi Gen. Branch Health and Welfare Group, Health Promotion Dept. (0197-34-2523)

Maesawa Gen. Branch Citizen Welfare Group, Health Promotion Dept. (0197-34-0275)

Isawa Gen. Branch Health and Welfare Group (Yuyukan), Health Promotion Dept. (0197-46-2977)

Koromosawa Gen. Branch Citizen Welfare Group, Health Promotion Dept. (0197-34-2370)